



Exciting new studio in Canberra, run by qualified & experienced staff. dna is Canberra's first Dance and Aerial Studio

Some small snack food items and beverages are available for purchase from DNA.

DNA also offer second hand dance clothing for sale & studio hire.

Janine Ayres artistic director

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dna studios Ralph Wilson Theatre

Gorman House Arts Centre, Batman St Braddon ACT 2612



dance and aerial studios

summer school 2010

summer school january 2010

DNA are offering 2 weeks of jam packed fun and fitness in the school holidays. Senior (12-15 years) 18-22 January, Junior (7-11 years) 25-29 January.

Learn dancing and aerial applications in a safe and nurturing environment.

No experience in dance or aerial necessary.

Cost

\$350 for the week

\$80 per day

Limited places available

Times

8.30 am drop off

6.00 pm pick up

8.30 – 8.45 Roll call

8.45 – 10.00 Warm up class/ Acrobatics

Focuses on gaining cardiovascular fitness, while offering an outline of anatomy and how the body works. Strength & Conditioning exercises and games are played to increase your child's awareness of what is safe and beneficial to their growing needs. Nutrition is also discussed.

10.00 – 10.20 Morning tea

Small snacks available to purchase.

10.20 – 11.30 Dance class

Each day the children will look at a different genre of dance including Jazz, Contemporary, Ballet and social

11.30 – 1.00 Drama class

Text and acting skills will be worked, emphasising finding the voice that belongs to you and how to use it to your advantage.

1.00 – 2.00 Lunch

Please bring a packed lunch.

No substantial food items are available at Gorman House Arts Centre, and we don't allow the children to walk into civic.

2.00 – 4.30 Aerial applications

Offering insight and practical experience working in Harness, Hoop, Tissu and Sling.

4.30 – 4.50 Afternoon tea

Small snacks available to purchase

4.50 – 6.00 Films

Various films on Dance and Aerial theatre practices.

6.00 Finish

